

My beloved, Mother, Father God.

I pray to you with all the passion, desire and humility of my heart and soul.

Please send me your Divine love.

Please help me feel and release all my emotional wounds that keep me from living in love:

My fear,

my anger,

my grief,

my judgement

and my shame.

I choose to embrace them, now,

with your support,

so that I may transmute them into love itself.

Please help me release my doubts and distractions,

my denials,

my avoidance strategies,

my weaknesses,

my capacity to live in ignorance and superficial comfort.

I choose to be courageous and embrace all that I have never dared embrace before

Knowing that this will take me closer to You and Your love.

Please help me now, with these heartfelt desires.

My beloved Mother, Father God

Please help me stand in my power and truth.

Please help me embrace all the joys and gifts of my masculinity and femininity,

all the positive aspects of my gender.

Please help me release all the memories,

ancestral wounds
and social programming
that keep me from the highest manifestation of this potential.

My beloved Mother, Father God

I want to know Your will.

Please show me,

inspire me,

to find my Divine life purpose;

how I may best live in love,

in whatever form that may present;

not through duty or guilt,

but for the sheer joy of doing so.

My beloved Mother, Father God

I desire with all my heart to come closer to you,

to live in your loving embrace every minute of the day and night,

to feel your love and truth holding me strong.

I desire to live through my heart, as the window to my soul,

With my mind as my servant, not my master.

Please support me with your Divine Love and Grace in all that I do.

Please help me be a beacon of light,

and an inspiration to others.

Please be with me and guide me in love,

now and always

Amen