Chapter 8

Harmonics and the power of numbers

The wider meaning behind numbers

The second core principle behind the 'Quantum K' system is the use of numbers in harmonic sequences. Using mathematical principles to heal the body and mind is a large step away from the concepts behind conventional medical treatment, so I want to spend a few moments exploring the logic that justifies this approach.

First of all, the power of numbers was not invented by some 'new age' pioneer. In its modern form, it was created by Pythagoras (c.580-500 BC), who wrote that 'everything is numbers and to know numbers is to know thyself'. He believed that the Universe is composed of mathematical patterns and everything can be expressed and understood in this format.

In making this statement, he could be referring to harmonics or fractal geometry, which again confirms the connection between all of these theories. I have covered them separately, but any division is artificial; harmonic sequences and fractal equations are different ways of recognising the numerical building blocks that underpin all of existence.

Modern numerology follows Pythagoras's principles by reducing all numerical sequences to either a single digit, or the numbers 11 or 22. For instance, the date of birth 27^{th} November 1955 becomes 2+7+1+1+1+9+5+5=31=3+1=4. The number 4 then has specific properties that infer personality traits of the person born on that date. The same process can be followed for a name as each letter has a corresponding number.

These principles have much in common with astrology, as both derive meaning from numbers and birth dates. These concepts cannot be proven scientifically, but the worldwide interest in astrology does beg the question whether there can be 'smoke without fire'. The generalities in most newspaper columns tend to undermine whatever scientific principles lie behind them, but the subject itself does have a logical starting point:

- 1. The moon's gravitational pull moves millions of gallons of water around the planet.
- 2. The human body is at least 70% water.
- 3. The cells in the human body must therefore be affected by the moon.
- 4. We must also be affected by other planets close enough to exert a gravitational pull.
- 5. The influence of these planets when we are born could leave a long-term marker on our cells. They could also exert a daily influence on us as the planets move.

Anecdotally, we have all heard of the term 'lunatic', describing the personality change caused by the lunar cycle. Ladies' menstrual cycles also follow lunar cycles and I have even seen evidence of parasite activity doing the same.

I'm not advocating living by the two line horoscopes in the daily papers, but if there is something valid in astrology and numerology, then perhaps numbers can convey energy or meaning – good and bad.

The conspiracy theorists our there believe that a powerful world order has already discovered the inherent power of numbers. By combining them with symbols, theorists suggest that they generate a controlling energy that is integrated so fundamentally into our daily lives that we are constantly being drip-fed its energy and influence.

This is not the place to discuss these issues in detail, but I can't resist a short diversion here. I am always intrigued with anomalies that are not based on hearsay or speculation, but on demonstrable fact.

One such example is the obscure design of the American one dollar bill. If you look at the sections I have extracted below you will see just how extraordinary it is.

The imagery is intriguing to say the least. It is hard to imagine Benjamin Franklin and his fellow committee members discussing its design and the inclusion of pyramids, eagles, arrows and even an owl by the number 1, but it must have happened.





As you might imagine, there are hundreds of explanations for this imagery, official and otherwise, but the beauty of this example is that we can make our own minds up. Is this really what you would expect to see on official currency designed by politicians and bureaucrats?

This is not just a question of imagery either. It is interesting to note the prevalence of the number 13, a powerful sign of freemasonry involvement and historically a number with sinister connotations. There are 13 leaves in the olive branch, 13 bars and stripes in the shield, 13 arrows in the right claw, 13 letters in the "E Pluribus Unum" on the ribbon, 13 stars in the green crest, 13 layers of granite stone in the Pyramid and 13 letters in 'Annuit Coeptis'.

This is an extraordinary coincidence. I find it hard not to conclude that some very high authority has recognised the power of numbers and imagery. Through regular exposure, our subconscious minds are absorbing the intent and the power behind them.

This could all be for legitimate purposes, but who knows. The key point though is not who or what are using numbers to influence us, but the fact that they can. If numbers have power, lets make sure we use them for honourable purposes.

Using numbers to heal

So, having briefly explored some of the basics around the power of numbers, it is time to return to their specific relevance to health and the human body.

The number twelve has special significance within the human body - we have 12 pairs of ribs, 12 thoracic vertebrae, 360 joints, 12 energy meridians etc. The number twelve also underpins time keeping and is central to the bible and many spiritual belief systems. You will even find it underpinning the design of genuine crop circles.

There are several researchers who have experimented with the concept of number harmonics, including Bruce Cathie¹ and Brian Jenner². Their work suggests that a series of 12 numbers can be used to confer more than merely their mathematical properties. Brian, in particular, took this concept further based on the understanding that our DNA and cells have a particular resonance with this number sequence. More on this later.

A team of Russian molecular biologists led by Pjotr Garjejev³ has recently proven that samples of DNA can create abnormal electromagnetic wormholes in a vacuum, opening up portals to other dimensions. This scientific study supports the channelled work of Lee Carroll, who states that there is a multi-dimensional lattice around the DNA that is best described as a 12 crystalline structure.

This sheath contains our perfect blueprint, but is only partially in communication with the DNA. This is the 'veil' that separates us from the unlimited knowledge we all have at a deep level about the meaning behind everything - life, death and the Universe.

This veil is a necessary block that allows us to experience lessons and growth in our lifetime from a position of ignorance. If we truly knew what awaited us after death, we might all 'jump ship' now to get back there as quickly as possible! The veil is essential in principle, but there is an ideal level. If the communication is too clouded by toxins, fear and traumas, we can lose contact with our intuition and natural healing potential.

Bruce Cathie - The Energy Grid
 Brian Jenner - There Are No Diseases Only Diseased Conditions

³ Networked Intelligence – Grazyna Fosar and Franz Bludorf

This 12 crystalline lattice explains why the 12 digit harmonics resonate so well with our bodies. They communicate directly with the DNA control systems that oversee the evolution of our DNA, fitting like a key into an open lock. Remove the inappropriate blocks and you heal the DNA. This is a new understanding, but its potential is absolutely unlimited.

Of even greater importance is the link between the lattice around our own DNA and the cosmic lattice – the inter-dimensional aspect of DNA discovered by Garjejev. This is the physics behind the spiritual or religious assertion that we are connected, all children of God. There is no separation, only the illusion of it generated by the veil that separates us from true knowledge and understanding.

Leading on from this, if we are truly connected to all of existence, there must be an inter-dimensional aspect to this connection. Some of the greatest minds behind quantum physics feel that the concepts only add up if there are other dimensions of life and energy invisible to mankind. The exact number is debatable, but their very existence is extremely exciting.

My only regret is that science does not seem to explore the religious significance behind these concepts. Does our notion of Heaven exist in one of these other dimensions? Are there other life forms out there in spiritual or energetic form? Can they influence us within the 4 dimensions of our known world?

For me, one of the most important questions is whether, if we are all connected via other dimensions, we can influence **them**? The work of Garjejev suggests we can, which is why the changes occurring on this planet are so important – our development has a sphere of influence beyond our wildest imagination.

This concept of multi-dimensionality is central to most new-age thinking and the current excitement as humanity rapidly moves into a new potential. We are not just changing life on this planet, we are having a profound effect on the whole Universe.

This concept takes my breath away every time I come across it in other books and I hope it has the same effect on you. It is a story of opportunity and unlimited potential and if that doesn't inspire you to live life to its fullest, then surely nothing will!

If we take this logic to its natural conclusion, the harmonic sequences affect our DNA, our DNA is connected to some form of crystalline lattice and this is in turn connected to an electro-magnetic Earth grid (as examined by Bruce Cathie) and then through to a cosmic grid. As we change, so we change the grid around us and the planet. There will be more on this in Chapter 7.

Have you wondered why whales have been beaching themselves recently and airports forced to change the bearing of their runways⁴? The Earth's electromagnetic grid that they follow is changing as we evolve and the old routes within it no longer lead to the same destination.

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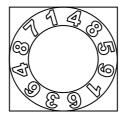
⁴ BBC News Sat April 17th 1999

Tsunamis, earthquakes and other extreme climate conditions are other examples of Earth's magnetic realignment, changing as a reflection of the evolving consciousness of man. It is tough medicine, but there is an overall plan. Again, if you find these events disturbing, I would refer you to the Kryon writings or website, or any other referenced work that appeals to you.

Coming back from this slight digression, we can say with some support that 12 number sequences have some sort of healing power and a vibration that resonates with our DNA. An example would be:

Master number 1
Number 3 9 7 5 4 3 2 0 1 1 3 8

This grid format I have used is for ease of presentation only as their true form is infinitely repeating and better represented by a spiral of numbers. The numbers have no beginning and no end, which is a much closer representation of the eternal nature of our bodies and soul.



The new aspect I have shown in the above example is the master number. This is a concept from numerology that refers to the core number created from the addition of the individual digits. For example, 397 is 3 + 9 + 7 which reduces to 19 which in turn reduces to 1+9, which is 10 which is 1. This new master number has a resonance of its own.

Incidentally, if you have any doubt that the harmonic sequence comes down to a core single number, have some fun with the mathematics. The numbers 397543201138 that I have used above can be added together to get 46, which is simplified to 4+6=10, then 1+0=1.

As an alternative calculation, lets split the numbers into 3 units of 4, leave the first unchanged, jumble the second and reverse the third. We then get 3975 2034 8311. Adding them up as 3 separate numbers gives 24, 9 and 13, which is simplified to 6+9+4=19, then 1+9=10, then 1+0=1. Try as you may, these numbers come to 1 and won't be persuaded otherwise! Do what you wish to them in this way and the core property of 1 always comes to the fore.

Enhancing the harmonic sequences: –

Using gateways

The harmonics are powerful enough on their own, but can be enhanced by adding gateways. This information is channelled so I cannot explain it scientifically, I can only describe it as it was given.

A gateway is a code, normally binary in nature, which opens up the healing potential in our hands. I will explain this in more detail in the subsequent chapter on the Universal Healing Model, but for now suffice it to say that it is an important adjunct that enhances the power of the harmonics and explains the need to engage our hands in the process.

To our inner intelligence, this is not just a series of numbers but a vibrational concept. It resonates colour and sound with a multi dimensional aspect way beyond our intellectual understanding. For those who have seen earlier versions of Quantum K, it is the addition of this gateway concept that has allowed me to dispense with extra rows covering colour, time and sound.

As well as triggering the healing, the Gateway healing also helps convert the core vibration of the Universe into a vibration specific to the issue for which it is being used.

Our harmonic sequence has now been enhanced to the following:

			Ma	ster	nun	nber	· 1					
Number	3	9	7	5	4	3	2	0	1	1	3	8
Gateway	0	0	1	1	1	1	0	0	0	1	0	1

Using crystals

Little explanation is needed here. The use of crystals is timeless and is particularly pertinent to a system where we are accessing the crystalline nature of our DNA. In true homeopathic tradition, we treat like with like.

They also have inter-dimensional properties, just like our DNA, so really do speak the language of our bodies, opening up channels to other dimensions and the unlimited healing potential of the Universe.

An additional benefit of crystals is their connection to the Earth's electromagnetic grid. They are right at the centre of the vibrational matrix that links the animal, vegetable and mineral world and so form a core part of the wider grid that links all of life in the Universe. When we use them properly, we amplify the overall healing signal. I will explain more about this shortly and in Chapter 7.

As you might expect, different crystals are needed to support different symptoms, each with its own unique vibration. I have not attempted to choose the specific crystals based on their normal use in healing, but instead relied on my access to universal intelligence via dowsing to ensure I accurately match vibration to symptom.

There may be more traditional benefits in using them as selected, but that would be a bonus and by no means core to this process.

Using plants and herbs

In a similar way, when we access the healing properties of plants and herbs, we connect to a timeless wisdom. I must stress again that you do not need to ingest a herb or its homeopathic preparation to access its vibration. The quantum energy field is fully conversant with their signatures and all we need show is the intent to tap into their vibration.

Again, plants and herbs are central to life on Earth and are at the heart of the electromagnetic grid that surrounds us all. They are powerful on their own, but even more potent when used at the heart of this system.

As with the crystal elements, I have selected the appropriate plant or herb using dowsing rather than an intellectual assessment of the symptom or issue needing support.

When these additional elements are introduced, our harmonic sequence now looks like this:

Crystal: Tourmaline						Plant: Bergamot						
			Ma	ister	nun	nbei	r 1					
Number	3	9	7	5	4	3	2	0	1	1	3	8
Gateway	1	1	1	1	0	0	0	0	0	1	1	0

Anchoring the harmonics

The Earth's grid

The harmonics have enormous power, lighting up the electromagnetic grid that surrounds the planet. They enhance our connection to this grid and its source of knowledge and energy, enhancing our ability to draw from its healing potential.

If we are to tune into the grid with a focused request for healing, we need to demonstrate in this manual that we understand the mathematical concepts that lie behind it. It is almost as though this gift is only fully unwrapped once we have demonstrated that we understand how it works. A new car can be an enjoyable play

item for a child sat at the wheel, but so much more powerful and enjoyable once we obtain the keys as adults.....

The harmonics are greatly amplified by our recognition of their part in the healing process and their connection to the Earth's electromagnetic grid. This is not about finding our geographical position within the grid, but of demonstrating the unifying mathematics that show the inherent bonds between mankind, the planet and the Universe.

If we can focus our intent on these connections, we can draw from and give energy to the Earth grid and from there the wider energetic grid of the whole Universe, across time and all dimensions.

Our task is to wire us into the grid, much as a good electrician would wire in a new oven. The harmonics are then tuned into the wider powers of the Universe and our clearer intent is rewarded with an exponential increase in the healing potential of the 'Quantum K' harmonics.

Fortunately, Bruce Cathie has already done most of this work for us and I need only here refer to the connections he has already found in his life's work. They require no further explanation beyond asking the body's inner wisdom to recognise the inherent truth in these connections and use them to best effect. Recognising this link between 'all that is' draws us into true healing power - a direct line to God/Source so to speak.

Bruce has calculated a formula based on key harmonic sequences that replaces the M in Einstein's formula $E = MC^2$ into a formula based solely on light and energy, showing that mass, or any physical presence can be seen as an expression of light energy.

The harmonics and equations that evidence this understanding are shown near the beginning of the technical section of this manual and I have repeated them here:

$$M = c + \sqrt{1/c}$$

$$E = (c + \sqrt{1/c}) c^2$$

$$E = mc^2$$

$$E = \sqrt{(2c + \sqrt{1/2c})(2c)^2}$$

2693645	Energy harmonic derived from the unified equation
13468225	Half harmonic of 2693645
37124416	The reciprocal of harmonic 2693645
14379577	The harmonic of the speed of light at the Earth's surface
69543074	The reciprocal harmonic of the speed of light
34771537	Half harmonic of 69543074
972	The harmonics of time (97200 grid seconds in one earth day)
324	Earth resonant harmonic
648	(324 x 2) Harmonic temperature scale
254558	Harmonic square root of 648 (length of polar diagonals, grid)
3928371	Reciprocal harmonic of 254558 (Earth's magnetic field)

A mathematical understanding of the electromagnetic grid around our planet is important but not the only tool we have available to anchor the harmonic sequences. We have to remember that we are not the only occupants of this planet, we share its wonders with plants, animals and minerals, all of which are natural partners who enhance the energy flow to and from the electromagnetic grid. The plant world is particularly well connected as the photosynthesis process is an extremely pure use of the conversion of light energy into matter.

Animal, vegetable or mineral.....

We already know this connection to be true with plants, but we might be surprised just how important this connection is with human beings. Light does more than provide Vitamin D and boost our serotonin levels, it offers genuine healing.

Light expressed as vibrational energy also explains how homeopathic remedies work, tuning forks, colour therapy etc – they are all expressions of vibration healing. Vibration is light.

Each plant has its own vibration and there seems to be a match between vibration and disease. As I see it, the right frequency, whether administered homeopathically or herbally, phase conjugates the disease pattern, cancelling it just as a ripple in a pond cancels another where peak meets trough.

My suggestion here is that the healing properties of plants come from their unique connection to the grid which hot wires us into the specific frequency we need. This is another way of looking at healing.

Minerals have similar properties. They are a core component within the earth and are central to the resonance of the electromagnetic grid. When we engage their properties we do more than draw on their nutritional benefits, we enhance our connection to the healing powers of the Earth's grid using the mineral world as a conduit.

There is also the most wonderful of all healing tools – water. We know that it is a powerful conductor of sound but also of light (or healing), hence the power of homeopathy. Masaro Emoto has proven these concepts through his study of crystalline structures made from water exposed to a variety of stimuli, both positive and negative.

The planet is 90 % water for good reason – it ensures that all our experiences, good or bad, have a hot line into the electro magnetic grid, and from there out into the Universe. Again, I am sure that if we truly understood the repercussions of every good deed or evil thought, we would tread very carefully.

I have been told that every action creates a reaction within the grid, that X leads to Y, and sometimes even to Z. We are directly connected to 'all that is', and the Earth's electromagnetic grid is the motorway that delivers it, with the components of the planet the vehicle through which these messages are delivered.

Just as this is an awesome responsibility for us all, there is the potential for each of us to make changes that benefit all of humanity. Simply by making positive changes to the way we act or think, we send an equivalent vibration through the electromagnetic grid to us all.

Although water can be programmed in whatever way we choose, it is not necessary to refer to this connective force in each specific harmonic. It simply carries the specific harmonic vibration that we choose to send along its path.

In summary, I hope this explanation of harmonics is reasonably clear. Some is accepted knowledge, some on the fringes of current thinking. You don't need to understand it or even believe in it for it to work, your inner intelligence recognises the inherent truths and will honour your intent to use the system for your benefit and the benefit of others.