

## Chapter 4

### The Universal Healing Model

Having now covered the ‘how to’ aspects of this system, it is time to move on and look at the principles that provide the underlying healing potential. This is not a tangent to the main purpose of this book, but very much part of it. The phrase ‘knowledge is power’ is a fundamental truth. If we understand life and the influences and mechanisms behind our health, we are many miles down the road of controlling it in a positive way.

The first step in this process is to look at a model that defines the connection between us all and how individual healing fits within the framework; the blueprint as it were. The next stage of this section explores the recipient of this healing - our DNA - and how this most marvellous of all building blocks holds our autobiography for this life and perhaps many previous ones as well. This will be followed by chapters on fractal geometry, harmonics and sacred geometry which are the tools I use to engage with the wider model.

We will then be prepared to take the final step and look at the technical data itself; fully armed with focused intent and understanding to ensure that the healing principles are absorbed with maximum benefit.

So, to begin this journey, we need to have a quick look at the concept of healing – where it comes from, how it is triggered, where it goes and how it is transmitted. This is a huge subject, so my apologies for offering such a brief overview, but there is only so far we need to travel down this road for the purposes of this system.

#### A healing model

Whenever we place our hands on ourselves or another person with intent to heal, we trigger a powerful process that resonates around us, lighting up the energy field that links us all. But how exactly does this work? What is the sequence of events that follows this intent? By defining a process in this chapter I am attempting to answer this question, without suggesting that this is the **only** healing path.

For me, understanding this process is important if we are to extract maximum potential from this healing system. ‘Quantum K’ depends on the core assertion that focused and specific intent carries more healing power than a simple request to get better – if we could just ask our bodies to heal then we all would and disease would be eradicated at a stroke, but we can’t.

The reason we can't work with this simple intent is our intellects tell us otherwise; we have been brainwashed with the limitations of the human form, that disease and entropy is inevitable and possibly even deserved due to our past 'sins' and errors of judgement. If we are to overcome these blocks, we must have an understanding of the process so that we can let these obstructions go and release our highest healing potential.

If our internal systems could talk, they would say that they were doing the best they could in difficult circumstances, trying to maintain homeostasis in a polluted and troubled world. They would also argue that they are desperately trying to work out what level of health we actually want for ourselves, trying to find consistent intent within a lifetime of insecurities and conflicting messages.

'If I am ill today I don't have to go to work' .....

'I don't deserve good health after the way I treated my last partner' .....

'If I have the potential for high energy, why did my doctor tell me I should expect to slow down at my age?' .....

'If I am truly loveable, why did my mother 'abandon' me at a nursery when I was four years old?' .....

The 'Quantum K' system offers a specific set of instructions to help our basic systems make sense of these issues and more. It allows our higher intelligence, or our soul if you prefer, to offer parental guidance to the confused, child like, database within our unconscious mind. This is why it works.

If we accept the premise that an understanding of energy flow helps focus our intent and enhances our healing, we must now define this process. The following information was obtained through a combination of dowsing and channelling by myself and trusted colleagues and is as complete as I can be at this time.

There is more detail to come in the years ahead, especially concerning the higher chakras and ultimately we will be able to access them through sacred geometry and symbolic drawings. However, as we stand, we are apparently not ready to work with this vibration and must wait awhile.

When you read the following please do try to try to create a visual picture so that your own intent can be upgraded as your cells are stimulated by these basic truths.

## **The power in our hands**

When we attempt to heal others, or ourselves, we do not create a new circuit. We are already plugged in to everything that exists across all time and space. We are the train that never leaves the tracks, giving and receiving energy with every breath.

What our intent does engender is a focused current within this infinite circuit. The batteries are unlimited; we simply draw more energy from them and direct it in a specific direction.

If we have to choose a starting place within the circuit, it is our hands. When we lay hands on our loved ones, or ourselves, we trigger a very special process. They contain many chakra centres along with energetic symbols based on the timeless knowledge of sacred geometry. I believe the symbols look like this:



Note how the hand contains a number of different symbols, the circle, the 5 sided pentagram and the triangle.

In the right hand shown here, there are 9 of these symbols, all in the palm of the hands, resonating across the dimensions. They occupy the same space, but overlay each other to form a three dimensional shape, like a musical note played in many different octaves.



In the left hand, there are also 9 of these symbols, all identical. The key difference between the two hands is the direction of the triangle.

If you imagine the symbols for each hand overlaid, the triangles in the centre form a perfect Star of David, another very powerful healing icon.

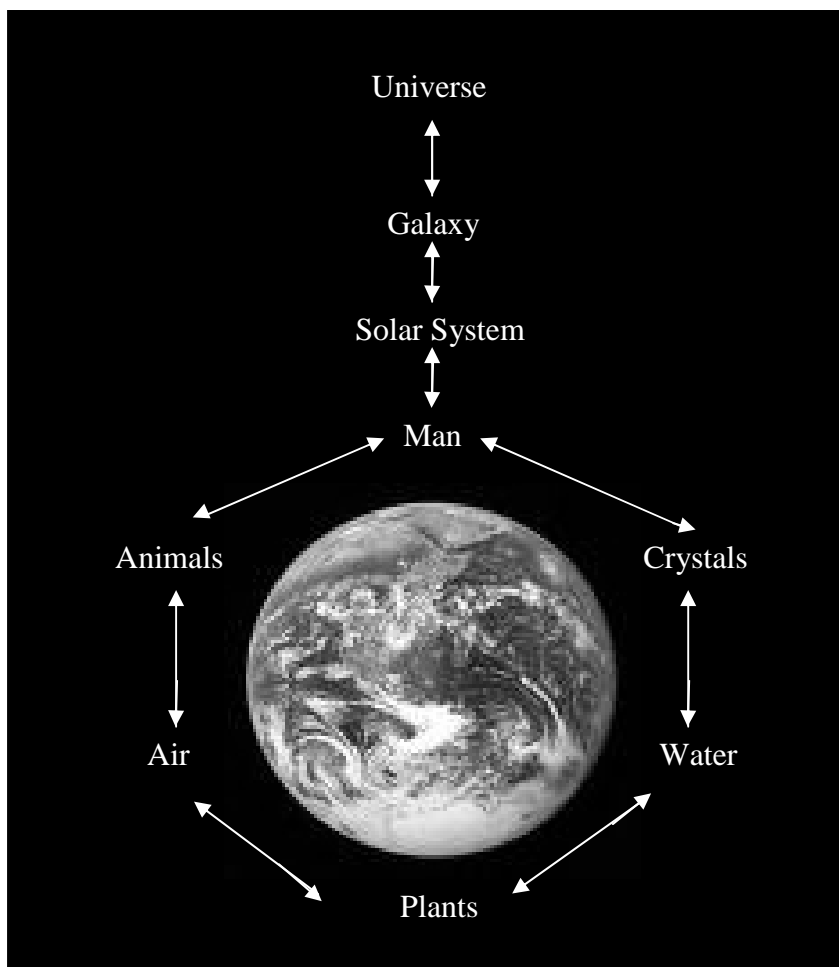
It is this Star of David alignment formed out of the two triangles that initiates the healing process. This is why you rarely see any healer working one handed; it is the combination of energies that is so important. This concept is well known in Chinese medicine as the two hands have opposite polarities within them, Yin and Yang, as does each finger. It is the combination that provides the balance and harmony.

To trigger the healing circuit, you do not need to hold your hands directly above each other so that the symbols physically align. We are working with intent here, so as long as you are using both hands somewhere near or on the body, the energies will work together.

This process is enhanced by the gateway harmonics in the technical section of this book. These harmonics, which are mainly in binary code, help activate the healing energy in the hands. The coding is a simple language that our bodies recognise even if the true meaning is beyond our intellectual understanding.

It is also worth mentioning here that these healing concepts apply equally to remote treatments. You do not need to have your client present with you when you work, so long as you have some kind of 'witness' to make your energetic connection. You can use a photograph, lock of hair, personal possession or whatever is available to reinforce the link. Even if you do not have a witness, do it anyway. The energy will work its way there somehow if your intent is pure.

### The wider energetic network



Having initiated the healing process through the hands, we activate all the energetic links that run through them. These are live, continuous circuits, so we are not switching them on as such but enhancing the amperage of the current that flows through them. This current flows in both directions so we are drawing from and feeding into whatever energy system lies at the other end.

The healing energy feeds down through the lower centres within our own energy fields, namely the solar plexus, sacral and root chakras. From there the energy passes through the Earth Star chakra and into the molten and crystalline core of the earth

itself. This resonance then echoes through the oceans of the planet, the plants, animals, minerals, earth, atmosphere and mankind itself before anchoring into the electromagnetic grid.

This is why we are all linked at a fundamental level; each thought, action and deed resonates through us at some level. This simple model also casts some light on why crystal healing, homeopathy, herbs, Bach flowers, Yoga, lighting candles, animal essences etc all have healing potential. They do not act in isolation, they are part of the immeasurable network of energetic cords running through the planet at any given time. We are not *creating* something new when we access them, we are *amplifying* what already exists.

It also explains why it is so crucial for our planet to have such a broad ocean coverage. The earth is one huge electrical motor, powered by its crystalline core, with the energy transmitted around its surface through the medium of water. I often wonder what crystalline shapes Dr Emoto would produce from freezing the different oceans and seas around the planet. What stories they would tell! They must hold the memory of every event, every thought and every emotion that has ever happened on our world. It would be particularly interesting to see how this record changes over the years in line with the evolution of the planet and its occupants. Seawater crystals would make a perfect energetic record of our times.

I have read in numerous channelled works that the mammals of the world's oceans are crucial to our existence and anchor the energetic grid around us. This would certainly explain our affinity with dolphins and whales and what better place to perform this role than the super conductive waters of the oceans.

On a similar theme, I have heard it proposed that the melting of the polar ice caps is also part of our wider healing. When the water froze all those years ago, it captured the vibration of that era, along with a level of knowledge and awareness that we have long since lost. Releasing this ancient vibration back into the oceans now is an important step on our evolutionary path.

One other interesting point you may have noticed here is the similarity between this model and the Chinese 5 element theory. My old colleague, Brian Jenner, used to argue vociferously (not uncommon for a man with so much passion and heart) that the 5 element theory was unbalanced and is missing a 6<sup>th</sup> element of 'air' to bring it into harmony. This leaves us with the 6 core elements of air, water, earth, fire, metal and wood, all of which are already included on this model in some form.

When we instigate healing, we are invoking all of these elements with our intent, seeking balance within their vibrational realms. The 'Quantum K' system fits nicely into this model by amplifying these energetic connections. The harmonics and fractal equations speak a language our bodies understand and literally light up the energy grid like one huge firework display, sending healing along all its connecting tributaries.

Looking in the other direction on our model, the healing energy we trigger from our hands also runs upwards through our heart, throat, brow and crown chakras and then into the Solar System, Galaxy, Universe and beyond.

We must also remember the inter-dimensional aspect of this energy work – we are accessing an energetic network well beyond our comprehension. A three dimensional view of this process ignores the other dimensions that share the same geographical space and are intrinsically linked to our own existence.

There are new chakras within this network and when the time is right we will all have access to the amazing power and beauty they hold. I have had a tantalizing glimpse of their structure and form on a ‘look but don’t touch’ basis and I can’t wait to engage fully with them in the future when we are ready to ramp up our healing potential. For now, there is more than enough for us to work with.

Before moving on, we need to look briefly at the ‘God’ question. For many, healing is the result of a direct intervention from a Divine source and the process is as simple as that. We ask and He delivers. I have no issue with that view as it is now proven within hospital trials that prayer offers a measurable benefit to the recipient<sup>1</sup>.

There are, of course, other slight variations on this view. It could well be argued that the Divine intervention came not with the prayer, but with the original act of creation when we were all blessed with the power to heal others. Our prayers simply put this potential into effect.

A further variation on this view is that we have been allowed free will to determine our lives for ourselves, evolving in our journey through our mistakes and successes. In this context, healing comes when we demonstrate that we have learnt about the nuts and bolts of life and understand the mechanics behind our existence and how to use these core rules to our advantage. The healing therefore comes from within, not from any external source.

I’m not sure it matters which of these viewpoints we follow, so long as we are fortunate enough to recognise some meaning in our lives and some higher purpose. Personally, I do believe that we have, as a race, been given the power and capacity to heal our issues. At some level, all our physical and emotional problems have been created by the free will of mankind. This is not to say that each individual has caused their own symptoms, only that as a race we have contributed to the world’s plight and must take collective responsibility for doing so.

As Lee Carroll writes in ‘Letters from Home’:

*“How does it make you feel to know that the thing you are trying so desperately to co-create and figure out has already been accomplished? It is in the storehouse of a place that you are in and always have access to. It has already been solved! It sits on the golden tray, and the hand of the golden one that sits within you is holding the tray.”*

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<sup>1</sup> RC Byrd ‘Positive therapeutic effects of intercessory prayer in a coronary care unit population’ Southern Medical Journal 1988

## **Beyond simple well-being ..... there is peace**

It is a good time to take a step back and recognise that the whole point of this detail is to satisfy our thirst for knowledge but the end result of this journey is the recognition of the inherent simplicity in the healing process. By all means study the detail, but remember that at its core, healing is based on simplicity, belief and pure intent. Some of the highest healing can come from children who have no technical understanding of the mechanics, but have uncluttered minds and a purity that transcends the intellectual blocks we might apply as adults.

Throughout my research for this book, I was constantly nudged by my ‘tuned-in’ friends to see through the detail, with images of petri dishes with crosses through them, replaced by plants and flowers. These examples of nature are complex in design but inherently beautiful, pure and self-regulating.

To use another analogy, in whatever profession we follow we need to practice and understand the building blocks so that we can rely on an instinctive response when the time comes to put our training into effect. Healing is much the same, especially with ‘Quantum K’. It is good to understand the process, but when we attempt to heal, our focus should be pure and uncluttered.

In effect, the detail in this book that seeks our original blueprint state is the wine within the chalice. Outside the chalice of wellness lies our ultimate goal – the realisation of true peace. This is not just a concept, it is a *consciousness* that exists beyond the vibrational world. It is there for all of us, around us but also within us. It is the space we occupy when we have reached pure love and enlightenment and if we could truly tune into it we would need no other healing and the rest of this book would be unnecessary.

My understanding is that ‘peace’ is held within all the waters of the planet. This means it is available to us in the oceans, crystals, plants, air, animals, and even in ourselves as water based mammals. It is not a vibration as such, it is the perfect stillness that exists beyond the vibrational nature of the physical world.

I have touched the essence of pure peace in meditation and it is a very special experience, the purest energy I have ever come across. It is powerful at the best of times, but particularly so when illuminated by the shadow of illness, fear and other low emotions that most of us have locked away over the years. It leads to a wonderful place, but by necessity exposes us to all our inner demons in the process. The road to spiritual healing usually does, but is always a journey worth taking – in fact it’s the *only* journey worth taking.

So, how do we know when we have found true peace?

I believe the best measure is our self-esteem. Our spiritual evolution can be seen as an open-ended journey to enlightenment, but our self-esteem should reach an optimum point. We reach this point when we have released the impact of life’s knocks and traumas, its cruel comments and perceived failures; when we can speak our truth without fear of ridicule, help others without attachment to the outcome and face the future with genuine excitement about the challenges that lie ahead. It is that lovely

state where we recognise the spark of purity and perfection in ourselves and the connection to all that is, but stop short of ego, separation and that dangerous watershed where confidence becomes ego. When you live within the boundaries of that narrow window, you live in true peace.

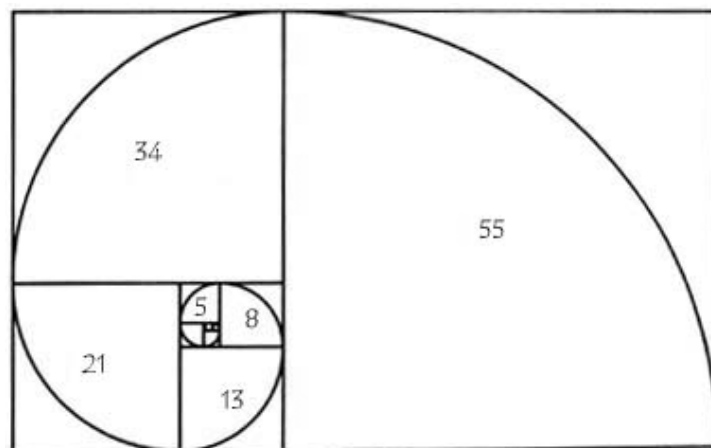
So, let us shoot for the stars here and look for peace. When you use this system, please remember that this is our ultimate goal and the specific details are merely stepping stones on our way towards this highest of all objectives. The detail is necessary to satisfy our intellect but healing comes from that quiet, uncluttered, unattached place within our hearts and souls.

As such, this concept sits above and beyond the detail held in the technical sections of this manual. This is therefore a good juncture to energise it here. This reinforces the fact that true peace surrounds our emotional, physical and spiritual selves and its beauty should not be lost within the pages of technical data that follow.

To help tap into this energy, I am relying on several different concepts - words numbers and symbols. When you give intent to access these concepts you are a long way towards touching pure peace. You can either do this now by following the procedural steps I have described in Chapter 3, or wait until you have read the rest of the book. It's up to you, but you will be healing as you read, that is unavoidable.

**Step 1** – The harmonic sequence underneath the picture is the first one in this book and because it sits above all the others, is slightly different in structure, being 13 digits rather than 12. The 12 digit sequences apply to imbalances within the human form, whereas this longer sequence is accessing energy outside both our physical bodies and our vibrational world. It translates the indefinable concept of peace into a format we understand.

The diagram is Fibonacci's spiral – the natural, unlimited curve created when basic squares bearing Golden Ratio proportions are developed into an evolving design. This shape is found in numerous natural examples, including shells, plants, DNA and the human ear. Together, the shapes and numbers translate the concept of peace into a format we can understand at the cellular level. See if it does anything for you:





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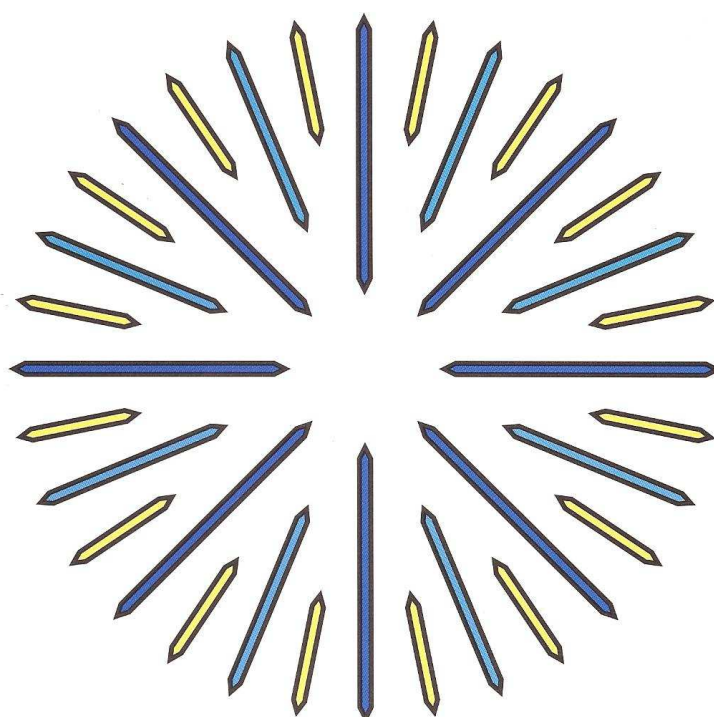
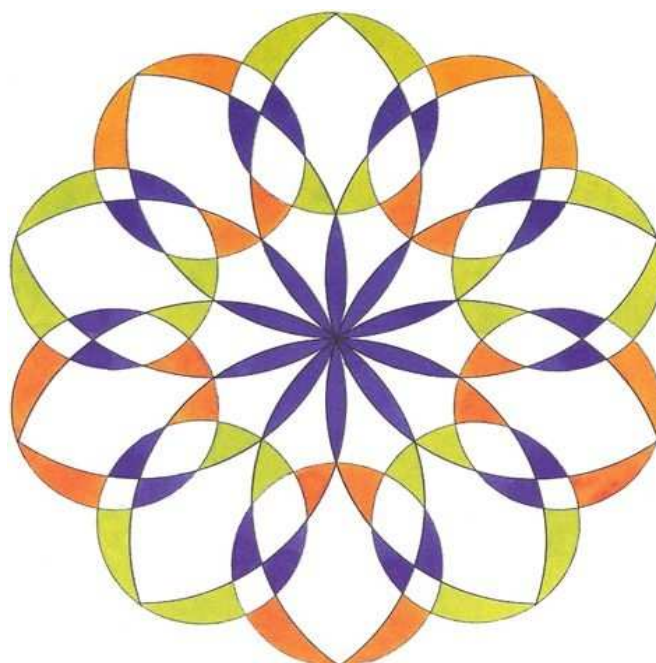
Animal: Dove

Master number 7

9 7 8 3 1 7 7 8 5 6 9 9 9

**Step 2** - I was planning to design a symbol accessing pure peace through the power of sacred geometry. As it turns out, there is no need as the energy has already been accessed through the incredible work of Heather Willings, who has kindly given me permission to use a sample of her work here. If you find these drawings as amazing as I do, by all means contact Heather direct on her UK number 01747 85 26 33 for details of the full range.

**The combined symbols of peace and well-being**



**Step 3** - The final step is a mnemonic of sorts that opens our hearts to the simplicity of the connection that exists between us all. If we truly lived our lives with these three words at our core, the world would be a very different place. Absorb its meaning and give intent to live by its truth:

**“We are one”**

I hope you have found this summary interesting but it is intended to be no more than that. It explains for your intellectual satisfaction what happens when we engage in the healing process and, in so doing, should help remove the mind based barriers to healing that are all too often reinforced by modern living and indoctrination. It de-programmes the blinkered system of healthcare put forward by the modern establishment and helps us recognise the basic power and right we have to be happy and healthy and to heal ourselves when we temporarily drift out of this natural state of balance. Be under no illusion, good health is our basic *right* as human beings and it's time for us to claim it back.