

**'Quantum K'**

**Returning to our original blueprint.**

**by**

**Andrew J Kemp**

**Copyright © Andrew J Kemp**

**All rights reserved. No part of this book may be utilised or reproduced in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system, without permission in writing from the author.**

**Andrew Kemp asserts the moral right to be identified as the author of this work**

**First printing - November 2005**

**Second printing - August 2006**

**Third printing – August 2007**

**For further copies, contact the author on:**

**[andrewjkemp@blueyonder.co.uk](mailto:andrewjkemp@blueyonder.co.uk)**

**Tel 0117 962 0008**

**[www.kempkinesiology.co.uk](http://www.kempkinesiology.co.uk)**

# **‘Quantum K’**

## **Contents**

Overview and Introduction

### **Section 1 - The ‘Quantum K’ system and how to use it.**

Chapter 1	The ‘Quantum K’ system	1
Chapter 2	Self-help using ‘Quantum K’	9
Chapter 3	Working on other people	15

### **Section 2 – Healing principles**

Chapter 4	The universal healing model	21
Chapter 5	DNA healing	35
Chapter 6	Resonance	45
Chapter 7	Fractal geometry	48
Chapter 8	Harmonics	
Chapter 9	Sacred geometry	
Chapter 10	Naturopathic steps	57

### **Section3 – Technical data**

Chapter 11	Healing section governing principles	70
Chapter 12	Physical healing	72
Chapter 13	Emotional healing	94
Chapter 14	General healing	101
Chapter 15	Spiritual healing	109
Chapter 16	Chakra healing	113
Chapter 17	Affirmations	118

## Introduction

I make a simple claim for this book – read it and you will tune into a source of healing energy. The book itself is just ink and paper, but the *intent* it carries provides its healing power. Just as an anti-virus programme will cleanse your PC, so this book can remove blocks to your health, helping you return to your highest state of being. In this sense it differs from self-help manuals where the message is one of direction and knowledge, designed to help you implement a new way of life, a new golf swing or a new understanding.

The book is a key, no more than that. When you hold it with intent to heal, you access its vibration from the quantum energy field and draw in whatever help it can offer you at that time. You do not even need to read it for this process to start as I have demonstrated many times in my clinic; simply holding it is enough.

It has taken substantial effort from a number of people to reach this stage and the pages that follow are the result of this work, combined with synchronistic events and a big spoonful of good fortune. I am not a scientist by training but I make no apologies for that. There are enough extraordinary people pushing back our intellectual boundaries and taking our understanding of the human mind, body and soul to a new level. To make use of these discoveries, we also need experienced health professionals in their shadows who can reach into this work and translate the knowledge into new techniques with practical healing benefits. This is my role, and if you will pardon me the self-indulgence, I will tell you how I arrived in this position.

Despite being academic at school, my disillusionment with education took me away from further studies and straight into a career where I could engage in the cut and thrust of the business world, or so I thought. As with most people without a clear vision or passion, I drifted through office work, burying myself in function and process where regular promotions and material rewards justified the lack of any sense of true achievement or value. I was destined for a comfortable but emotionally numb existence.

It was only my ongoing health problems that broke me out of this pattern. As with many others, the limited framework of the medical profession had failed me and my seemingly disconnected range of minor symptoms served only to generate an ever more disparate range of prescriptions from my GP. My life was making me ill, but at the time I had no idea that my emotional health was core to my physical balance.

By sheer chance, I overheard a colleague saying how her rheumatism had been helped by a kinesiologist and that a simple detox and change of diet had brought about huge improvements in her symptoms. Intrigued but sceptical, I made an appointment and so began my first real passion.

For those who have not heard of kinesiology, it is a relatively new form of complementary healthcare created in the 1960s by a chiropractor called Doctor George Goodheart. He discovered that messages from the brain to the muscles could be disrupted by any number of stresses, including foods, hormones, emotions,

chemicals and physical ailments. By gently testing a relevant muscle, he could find imbalances throughout the body and, more importantly, identify an appropriate correction.

Once I had accepted that the basic principle was sound, this simple concept appealed to the logical part of my mind. I had finally found a calling, something I could throw myself at with complete abandon. It was powerful, flexible and relatively easy to master in its basic form.

In fairness to my employer, they allowed me to indulge my passion and even let me write health related articles for the company's 'Team Brief' as I trained. Looking back now, this was very forward thinking as companies in the 1990's were very blinkered and not even close to recognising the spiritual needs of their employees. Our personal growth was geared towards improving competence and skill, seeking success within the boundaries of their core values, not our own.

I was therefore very lucky to be allowed to work part time as my client base grew and I started to convert my passion from hobby to profession. As I have since come to realise, those seemingly wasted years had been an ideal training ground. I had learnt about marketing, customer service, image, communication and business planning. All too often, good therapists fail to achieve their full potential due to a lack of core business skills. I had spent years developing just that and my frustrating minor health issues had given me a perspective that helped generate true empathy with the suffering of my clients. My previous years had not been wasted after all.

I had stumbled across a very powerful therapy, one that could expand with my own growth and flexible enough to move with my own developing spirituality. As I changed, so did my client base and I started to work with pretty much any issue, ranging from simple physical symptoms to complex cases of abuse and emotional distress. No-one can guarantee success, but I like to think that everyone who comes to see me gains something from the experience.

So, with 5000 treatments under my belt and an ever increasing armoury of techniques, I started to question the complexity of my therapy. I had become one of the busiest kinesiologists in the country, but was not entirely happy with the way I was working. True healing should be easy and any technique that took many steps to implement could not come from pure truth. I wrote an article to this effect in our trade magazine and this brought me into contact with a man who would help me make the next major change in my life.

That man was Brian Jenner, a total maverick and one of life's true characters. He often referred to himself as 'Sir Brian', after being given an honorary knighthood by the ruler of a small 'province' in Australia that had declared itself independent from the main Government. That was Brian all over, a swearing, gambling, blaspheming ex-minister, but someone who had a pure love for mankind and was not afraid to fly in the face of convention to find his own truths and serve his Maker.

Brian was an experienced kinesiologist in his own right, having spent 30 years researching while teaching and practicing Touch for Health, a popular version of kinesiology. He had come to believe that the establishment over the centuries had suppressed many core truths and that we need only revisit the work of earlier pioneers to discover the falsehoods of vaccination, germ theory and conventional medicine generally. In the days long before the internet, he used to fly around the world to stay with forward thinkers like John Ott and Bruce Cathie, while revisiting the discoveries of previous Noble prize winners whose work had been allowed to fade into obscurity.

While he researched, he started to develop his own code book, capturing his latest thinking within a short manual that he would download into his clients by holding their forehead points for several minutes while he read out the technical data. He certainly developed a strong following and some of the 'thank you' letters he received were truly amazing, often confirming near miraculous healing based on the speed of their recovery and the depth of their improvements.

I still believe that much of Brian's healing capacity came from his unshakeable faith that God was working through him. He was an enormous personality and when he said you were going to heal, you'd better get on and do it quickly! Whatever your condition, he fully expected you to rise from the treatment couch a changed person. It appears that many did and I still meet people today who attest to the power of his treatments.

As you might expect, Brian's strength of character did cause difficulties. He would accept no revisions to the code book he had so painstakingly developed over the decades. We talked often about the power of intent but I could not persuade him that many of the abbreviations made little sense to anyone other than himself, which had to deny other users clear understanding of the concepts being applied. There was no structure, no naturopathic protocols to ensure that detoxification occurred only after the drainage pathways were open etc; basically it was devoid of all the tools I had learnt over the years. We were coming to an impasse.

And then Brian died. He was a good age thankfully and had a massive heart attack right in the middle of delivering a lecture to a packed hall of therapists. He passed away explaining his life's work; what an honourable and worthy way for such a great man to go. He was a dedicated and passionate pioneer and it was an honour and privilege to have known him, even for just a few short months.

I now realise that his life's work had been completed and it was time for his 'student', as he called me, to take over the reins. He had often talked about his need to retire gracefully so that I could continue with his work, but I didn't expect the handover to be so sudden. It did at least allow me to proceed with a free hand to start over afresh, while still honouring his basic principles.

Although I disagreed with the structure of some of Brian's detailed work and design, his core concepts were ground breaking at the time and remain so now. The key lessons I took from his work were the following:

1. Healing should be simple
2. Healing can be delivered through the focused intent of therapist or patient
3. The Universe, including the human body, obeys the laws of fractal geometry and the correct equation can be re-run to correct imbalances in mind and body.
4. Numbers are understood by our bodies as concepts and 12 digit sequences can talk straight to our DNA to provide healing.

Some scientists, like the Russian microbiologist Garjajev, have validated aspects of Brian's theories and I will refer back to this later. Some of the more esoteric thinking has been supported by channelled writings, such as the Kryon work by Lee Carroll. I have yet to see anyone else refer to the potential to heal the human body using fractal geometry, nature's maths, so in that sense I believe this remains his discovery.

So, there I was, with a few exciting new concepts and the prospect of applying them to everything I had learnt during the years of my own practice. I spent the next few months in the winter of 2005 working during the day as a kinesiologist and developing the system in the evenings. I also took the opportunity to interview a wide range of health practitioners I had come to know in Bristol, so I could include some of their expertise in my manual, not just the concepts I had explored as a kinesiologist.

Although I only shared the first few copies with friends who also knew Brian, it soon became clear that there was a wider audience waiting. The concept of healing through a book is a difficult one for many of us to accept, but energy workers in my own profession would be natural supporters of this work if it did indeed deliver what it promised. The beauty of kinesiology is that we are working with unconscious body intelligence – or superconsciousness if you prefer - so the muscle test only responds to valid remedies.

In my own case, I found that if I needed to support a client's liver in preparation for a deep detoxification, the usual homeopathic or herbal remedies no longer showed as being highly effective. Instead, my clients were responding, through the muscle test, to the energetic liver support that was available to them in the manual. I was particularly satisfied with the integrity of this test because the supplements I used to recommend carried a commission and the profits I made on these enabled me to keep my treatment fees well below the industry average.

I was quite happy with this arrangement but I was now left with hundreds of pounds worth of nutritional supplements that were no longer testing as necessary. This was certainly not my plan, but I trusted the process and waited with baited breath for my clients to come back a month or so later so I could check their progress. Thankfully, they reported improvements at least as good as I used to generate and, from their viewpoint, at a much lower cost.

Looking back, there was nothing more fulfilling in those early days than feeling the energy change as the system was delivered and hearing clients describe their improvements in the weeks that followed. For the majority, the changes were clear and measurable, but for many there was also an intangible feeling that something important has happened, with a new feeling of lightness and optimism.

By now, I was confident that the system worked and with good anecdotal feedback from my close colleagues and impressive results from my own survey, I tentatively shared my discovery within a kinesiology magazine. The interest this generated encouraged me to write a short series of articles explaining the process while sharing some of the technical coding. My goal was that other therapists would feel the energy of the coding, or find their clients 'demanding' it from them during a treatment.

One year later, I had sold over 400 manuals, covering about 30-50% of the kinesiology market. It is hard to be more specific about the level of saturation, but there are not that many of us practicing this wonderful therapy yet, although numbers are growing fast. Most of the manuals had come from personal recommendations, so to a large extent I just sat back and let the orders come in.

The next step was the harder one of taking it to the public at large, a much bigger challenge because, without kinesiology to validate its use, it would be hard to prove that it worked and many potential readers would be less sensitive to the healing vibration it brought.

Thankfully, that too has proved to be no obstacle and I have been fortunate to find support for my work in the publishing world. I hope you are one of many that have come across this book and I sincerely thank you for taking this leap of faith. Your healing has already begun.

Moving on, I must now change tack slightly and look beyond its development to the role of 'Quantum K' in the modern world. Many therapists have commented how much harder it is to help their clients than it used to be. Although energy flows more easily now than ever before, we seem to have deeper issues to address and less capacity to lock them away where they can fester without causing direct symptoms. If you will indulge me for a moment or so, I'll tell you why I think this is and why this adds weight to the need for this system.

First of all, the world has changed hugely. Have you noticed how all the pillars of establishment are rapidly being destabilised? My first memories are from the 1960s when the individual played a supportive role and looked for guidance and inspiration from leaders within the community, people with positional power. We aspired to move up the ladder, our success recognised by material gain and increasing stature.

Some of the key institutions in society were the banks, the legal profession, the medical profession and organised religion. I have nothing but respect (and some sympathy) for the individuals working within them, but plenty of concerns about the bodies they represent.

Banks – It used to be a great privilege to be judged suitable for a loan or mortgage from your bank manager. Nowadays, if you can get past the call centre screening, you are likely to find a salesman looking to lend you a disproportionately large sum against a charge on your house or business, with highly profitable insurance policies to back them up.

Legal profession – the industry should be champions of freedom and justice. Instead, we tend to hear more about ambulance chasing, accident specialists and the prohibitive cost of pursuing justice through the Courts. The net result is paranoia from the Health and Safety experts and rapidly rising insurance premiums.

Doctors – again, I have the greatest respect for the individuals, but the unsavoury truth is that conventional healthcare just isn't working for most of us. Death and injury from medical intervention, secondary infections, the vaccine controversy and waiting lists are all undermining our confidence in the NHS. Even the pharmaceutical Companies accept that their drugs do not work for most individuals.

Religion - interesting that while belief in God is stable or growing, organised religion is struggling to fill seats. In previous centuries, we needed a controlling influence and a strong rule-base that could guarantee our entry into Paradise. This all helped us make sense of a cruel world. Nowadays, we are opening up to our own spirituality and developing a more personal relationship with God that drains our motivation for formal worship. The establishment of the Church has also been rocked by many destabilising forces, including women as priests, sex scandals and the whole concept of being born in sin.

Looking beyond these big institutions, there are other forces at work trying to limit our aspirations. The media, and Hollywood in particular, have a lot to answer for. If you look at most American films they overtly promote materialism and both physical and institutional power as core objectives. If not rich and powerful, the hero can kill with ease and surely will, many times. We are led to believe that violence and crime are natural parts of life and that mankind is inherently flawed. This simply is not true.

So, if we are starting to reject these values, what is replacing them? The answer is the individual. It is time for us to stop looking outside for guidance and inspiration. The greatest truths are already within us, waiting to be released.

To help us on this path, we must understand that true success is available to us all, but is a reflection of what we *become* rather than what we have achieved or accumulated.

As I see it, we are in the middle of an exciting global development where we are reclaiming control of our lives, looking for greater fulfilment. We are slowly starting to recognise the futility of the hamster wheel existence, where we are in debt from the moment we leave education, mortgaged to the hilt at 25 and working 45 hour weeks thereafter to cover the interest on these debts. This is no longer enough.

At a macro level, the new paradigm works like this:

1. Disempowerment of institutions and movement away from their material values.
2. Re-establishment of the health, power, and core values of the individual based on tolerance, love and mutual respect.
3. Developing group and ultimately global consciousness based on these new values.

To move into this new strength as individuals, we must leave behind all old trauma, illness, and fear. What we used to battle with over a lifetime, (or many lifetimes if you believe in re-incarnation) we must now clear in a few short years. This is why my clients need so much more help than before; we are all clearing our 'stuff' at an incredible pace.

Once we find the first seed of this inner strength, we start to realise that true healing comes from within. If you are on a search for a wonderful therapist who can take away your pain, then I believe you are misguided. The healer is in YOU. All other people can do is show you how to access this inner strength and help you remove the blocks to your own recovery and growth. This is in no way denigrating the role of a Divine influence, but to truly connect with our Creator we have to look for that little spark of Divinity lurking within us all.

Once we start this process, it will evolve continually, expanding beyond our own development to those around us. Just by living and honouring our core values we will influence all those we meet. We all know that kind of person, the one that turns heads when they enter the room, who exudes their truth with every cell in their body and just *knows* that they are on their optimum path.

We must all aspire to be like this.

Ironically, as we each become more confident in the moral codes we are unveiling within ourselves, we will start to tentatively share them with our nearest and dearest. As we do so, we will find that they too have made the same inner discoveries. A whole new unifying value system is emerging from within us that we can follow in our own personal ways. If you doubt that this process is happening, I could quote hundreds of examples, but here are just a few:

- More people are involved in charity work than ever before (25%)
- The global concern about the environment has now reached such a level that Governments have had to adopt new policies to address the public concerns.
- Interest in spirituality, complementary healthcare and the 'new age' movement is growing year by year as individuals look for new meaning in their life.
- Men and women are negotiating part-time contracts so they can spend time at home watching their children grow up, or pursue some other calling beyond their core occupation. No more 'jobs for life'.
- Healthy eating and the organic industry are all gathering strength. Awareness of the dangers of junk food, artificial additives, chemicals in cosmetics and GM are growing at an incredible pace. The major supermarkets are being forced to react to public demands, while fast food chains are desperately watching their profits suffer as they try to react to this change in public awareness.

This brings us back to this manual. I would ask you to read it with a loftier ambition than mere mitigation of symptoms. Do not just look for good health when there is so much more available. The technical solutions in this manual may not seem important intellectually, but they resonate with every cell in our body and open us up to reconnection with our higher self. This improves our intuition and ability to find our answers for ourselves. When that happens, your true healing can begin.

So, please read this manual, gain whatever you need from it, and then lend it on or use it yourself to help other people. I've done my bit, now you can do yours....

## Acknowledgments

This third edition is the most powerful of the three. The definition of the healing process through symbols and harmonics has helped focus our intent on exactly where healing energy comes from and its breadth of influence. By recognising and defining exactly how we are interlinked within this incredible Universe, we increase our healing potential.

The strength of this system is also dependent on its breadth of coverage. For that, I owe my thanks to the range of pioneers, researchers and teachers outlined in the bibliography, along with Lynne Williams, Louise Evans, Jeni Briggs and Colin Kingshott who have honoured me with the benefit of their experience and innovative ideas.

I must also thank Jan Dorman, Phaedra Badcock, Annie Smith and Ann Freeman, whose commitment and connection to Universal Intelligence has provided some of the inspiration behind this system and helped me improve my own access to this source of all knowledge. Phaedra, in particular, gave me the inspiration to rework all of the core concepts from scratch in time for the third edition – just when I thought I was due a break!

Above all else, I must acknowledge the contribution of Brian Jenner, who recognised the capacity of the human body to respond to harmonics and fractal geometry. His basic faith in the power of intent is a cornerstone of a range of new therapies springing up independently around the globe. His passing hands the reins to a new generation and this is my attempt to do justice to his decades of hard work and commitment.

I truly hope you benefit from it.

Andrew Kemp KFRP Dip MESK