

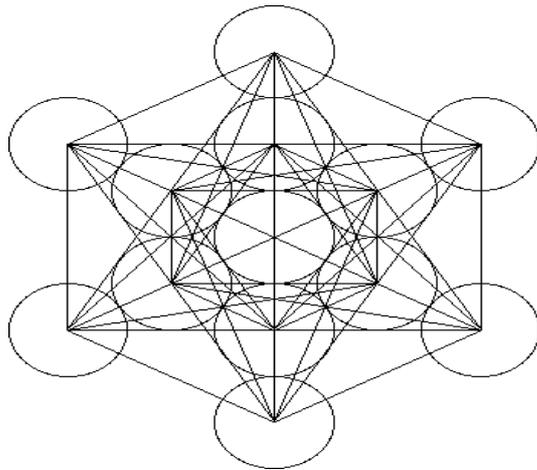
Chapter 9

Sacred Geometry

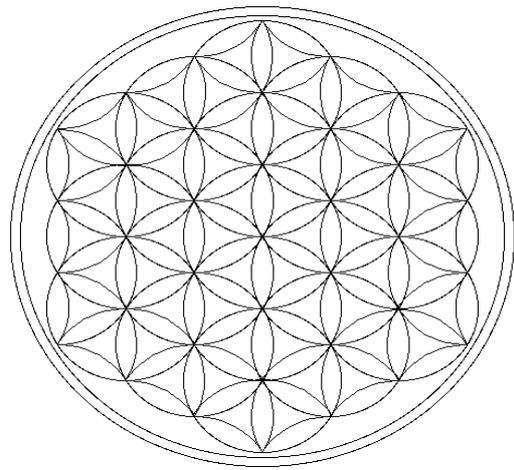
Sacred geometry is the ancient belief that shapes and mathematical designs lie behind all creation, clearly sharing much with fractal geometry.

This knowledge underpins most of the major religions, including Islam, Hindu, Buddhism and early Christianity, as well as the occult. Its design is clearly visible in mosques, ancient churches, pyramids, city layouts, mosaics and temples. It underpins Da Vinci paintings, crop circles and, like fractal geometry, is visible in nature from the smallest snowflake through to human beings and the planets themselves.

Here are two well known examples:



Metatron's Cube



The Flower of Life

These two beautiful examples are constructed from basic geometric shapes. Despite being mathematical in origin, they appeal to our senses and stimulate some kind of intuitive understanding.

Buildings honouring these principles create the same sense of awe, as do snow flakes, crop circles, paintings and ancient structures like Stonehenge. When we apply these concepts in our designs we are copying nature, harmonizing with its basic strength and beauty.

Sacred geometry even appears in the basic design of large cities, like Washington DC, London and Paris, suggesting again that this ancient knowledge has not been completely lost and is being used, I hope, for our benefit. Some city layouts mirror these basic geometric shapes; others place key buildings on points equivalent to the chakra centres of the city, creating a kind of ‘soul’ or resonance for that particular community.

This sounds a little ‘out there’ I know, but I have looked at my own city of Bristol and there is no doubt that the original mediaeval construction has a straight line of symbolic areas representing each chakra centre, starting by the river Avon and running through St Mary Redcliffe Church, Queens Square, College Green, Cabot Tower and the Observatory by the Clifton Suspension Bridge. Before I became aware of these links a group of us had been drawn to carry out healing on several of these areas and I have since found other groups with the same aim. We have riots, the slave trade, civil wars and more in our history so there is much to do!

I have also noticed that the modern city is changing and there seems to be a 90 degree shift in its energetic direction. The new chakra points run from Bedminster, north west through Park Street, Whiteladies Road, Durdham Downs and onto Westbury-on-Trym. It may be no coincidence that there are Complementary Healthcare Centres and Natural Health shops on each of the key points along this route, as if we are trying to reclaim the soul of the city from its less respectable past.

The structure of cities may even reflect the nature of the consciousness living within them, or perhaps may go one step further and actually *determine* it. Male, or yang energy, is very rigid and often represented by a straight line. It is interesting that most American cities are built with straight lines determining the road layout, reinforcing the male attributes of its residents. This may explain why Americans are by nature competitive and slightly materialistic (apologies for the stereotyping here), placing high value on the male energies of power and wealth. You only have to watch Hollywood movies to see the type of aspirational figure they promote.

The buildings within these American cities share similar properties, with big business conducted in huge rectangular blocks that dominate the skyline. It is perhaps no coincidence that the 9/11 terrorist attacks targeted the twin towers of the World Trade Centre because they represented so visibly the power base of the nation.

In contrast, the lazy winding streets of European towns and cities are much more feminine and yin in nature, reflecting the more ‘laissez faire’ attitude of its occupants. Perhaps this is why we like to holiday away from the concrete jungles; it is not just a question of escaping the traffic, we are also escaping the aggressive, competitive instincts generated by its buildings and streets. Far better the gentle curve of the beach where we can relax in the dunes and admire the seemingly random (albeit fractal) nature of the world around us.

The underlying truth is that the shape and overall structure of our environment affects our moods. This is a concept we can use to our advantage within the healing model.

Getting back to this central theme, it is important to briefly discuss the relevance of sacred geometry to our personal healing. David Elkington¹ makes the intriguing assertion that the acoustic properties of ancient chambers like Newgrange c3500 BC were designed specifically to resonate key sounds and in so doing enhance spiritual awareness and engender healing properties. The resonance of the name of 'God' in its various translations carries particular power.

His arguments are very persuasive. If buildings and designs based on these basic geometrical shapes carry an energy that enhances vibrations, why not use quantum principles and derive healing power from them? Better still, why not add numbers, colours and powerful words like 'Love' and 'Forgiveness' to amplify their properties? Robert Detzler² has already explored the concept of healing symbols combining various basic shapes and words to form a 'power symbol' with a tangible energetic vibration.

I have used dowsing and intuition to create several geometrical symbols of my own. They are fundamentally appealing to the eye and carry a healing potential based on all of the principles I have explained so far – colour, sound, numbers, words and geometry. Like crystals and the harmonic sequences, they have a multi-dimensional attribute that allows us to draw healing from realms beyond our perception or imagination.

I believe they offer some of the most powerful healing potential of any of the concepts in this manual, so please soak them into your subconscious and let them resonate within you. As with all the technical data in the later chapters, please do not try to study them intellectually, simply absorb their beauty as you would do a fine oil painting. Your inner intelligence knows what to do, just trust it and let go.

¹ In the name of the Gods, The mystery of resonance and the prehistoric messiah

² Spiritual Healing