

Chapter 3

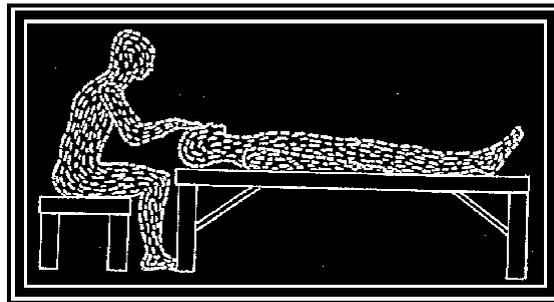
Working on other people

Once you have used the system on yourself, you can start using it on other people. The transfer of intent relies on tachyon energy, an immeasurable carrier wave that travels faster than the speed of light. As soon as a contract to transmit and receive the system has been entered into between you and another individual, the job has been done. It is like dropping a stone into a calm pond. The stone disappears immediately but the ripples from its impact resonate backwards and forwards for a while afterwards.

As the transfer is instantaneous, you can even offer it to people you pass on the street or friends and relatives, on the grounds that their higher self will accept the exchange in the absence of conscious agreement.

I have done this many times and had wonderful feedback about unexpectedly quick recoveries from operations, accidents and ill-health. The bottom line is that when you use this system with love and pure intent that alone has unlimited power and you will be rewarded with results. It is like a prayer with focused intent.

This approach can be very effective and may be all you can do in some circumstances, but it is not the optimum procedure. You will obtain quicker and deeper results if you are with the recipient, helping them process the energy received.



Ideally, you should sit behind the person you plan to work on while he or she is sitting comfortably or lying down. As this system is now firmly embedded within your unconscious, you need only have the manual in your lap or nearby to reinforce your intent.

You should then place the index and middle fingers of each hand on the two slightly raised areas in the middle of the forehead above the pupils, left fingers on left point, right fingers on right point, with your thumbs meeting around the back of the head. In this way, you can channel the healing energy we all carry in the palms of our hands directly into the person in front of you.

Personally, I ask for 'Divine protection' before I work on a client to ensure the energy flow is pure. I suggest you do the same, or ask for 'sacred space' if this is more acceptable to you. You could even light a candle with similar intent.

You may prefer to read appropriate sections of the manual while you hold the forehead points but it is not strictly necessary – it has all passed over the moment you both agreed that this should happen.

While you are doing this, you may feel the connection with the other person's energy and the release of blockages and old energy patterns. This is not harmful to you in any way provided your intent is clear that you are a conduit and not the ultimate recipient of this energy. My intention is to release it to the light and you may wish to do the same. This process should actually make you feel better because you are receiving the balancing system yourself and releasing your own old energies as you do so.

For me, this procedure normally takes about 15 minutes, but I know other therapists who hold the points for longer, sometimes up to twice as long. It all depends on personal choice and your priorities for the time you have available. I do suggest you hold the points for at least a few minutes as this reaffirms your commitment to download the system. Intent is everything and you should be absolutely clear about what you are doing to download the system properly.

Working remotely

You may wish to help someone who cannot be in the same room as you, for instance a relative who lives overseas. This is certainly possible and can achieve wonderful results.

Ideally, you should obtain the recipient's conscious permission before you send them healing, but if this is impractical should proceed anyway on the understanding that you are acting in their best interests. The pre-requisites for this approval are that you are acting with pure intent and are not attempting to obtain inappropriate personal information.

The energetic link will also be supported by some form of 'witness', such as a photograph, lock of hair or personal possession, but this is not essential. If you do have one, either hold it in your hand or keep it nearby to clarify your intent about the intended beneficiary.

When you are clear about who you wish to help, simply hold your forehead points as usual or place your hands on your body and let the energy flow.

When working with friends and family, one other possibility is to treat a connected group of people at the same time. Simply make your intent very clear and the energy will be transferred to everyone in that group, to be used in different ways to meet the individual needs of each recipient.

Here are some examples of groups that might appreciate your help:

- Members of a family where there has been a bereavement or illness
- Members of a soul group to help with lessons, karmic or otherwise
- Work employees in a stressful occupation
- Those affected by a natural disaster
- Local communities with high crime rates

In short, you can direct the energy to as small or large a group as you wish. Like a focused prayer, your pure intent will be honoured.

Procedural summary

Working on yourself – initial session

- Set aside at least half an hour when you will not be disturbed
- Find a quiet area to sit or lie down
- Play some quiet background music if you wish, no vocals!
- Scan the technical section, with the clear intent of downloading the system
- Place your hands comfortably on your abdomen as you do so
- Allow yourself to breathe deeply and yawn if you feel so drawn

Follow-up work on yourself

- After the initial ‘download’, use the system on yourself for about 10 minutes every day for the first 2 weeks, then 10 minutes every week for 2 months, followed by at least 10 minutes every month thereafter.
- After this first burst of intensive use, it is still important to have regular top-ups, especially when you are under stress, ill or after a trauma.
- Regular monthly top-ups ensure you treat imbalances as they arise, ideally before they manifest into symptoms. They also allow you to benefit from any enhancements made to the system since your last treatment.
- For each repeated use, follow the basic procedure but remember that you do not need to re-read the manual.

Working on other people

- Obtain the conscious agreement of the person you wish to help, if possible
- Sit behind the recipient, with the manual on your lap or nearby
- Hold the forehead points for about 15-20 minutes
- Read specific pages of the technical section if you wish, or simply sit there as it is absorbed
- Repeat whenever needed, especially after traumatic events, illness or times of stress

Advanced techniques for kinesiologists and other therapists

When I am using the system as a therapist, I offer the complete balance to my clients to underpin the treatment. For most this is enough and will remove the key energetic blockages, but for some there is more to do.

When I find a specific area where extra work is regularly required, I build it into the system, but the beauty of the human being is that we are all unique individuals and the same symptom in two people can have entirely different underlying causes.

Having used the system once, I sometimes find I need to explore specific areas in more detail. For example, there are general instructions in this guide to help rebalance the Temporomandibular Joint. This is often enough on its own, but if the client has tension in this area due to cranial faults, teeth grinding at night, a stressful relationship and financial worries, these specific connections may need to be found to encourage a speedy recovery.

You can use your own therapy to manage these complexities, or extract elements of 'Quantum K'. This is relatively easy if you have training in kinesiology muscle testing or other diagnostic techniques that support 'causal chain' investigations.

With the problem in mind, simply dowse or muscle test to see which pages and specific remedies are relevant. With this extra detail established, you can hold the forehead points with this extra focus in your intent. It does not matter if you have already applied the system in full, there will often be a further energy shift as the body processes this linked chain of imbalances.

This step is not essential, but the more energetic 'exhaust' you help the client remove in session, the less there will be to do in the weeks ahead. It will speed up the recovery, but the inner intelligence stimulated by the use of this system would have got there anyway, in its own good time.

I often 'lock in' an imbalance and then turn each page of the technical section and muscle test to look for a changed response, drilling down to a specific remedy once a page shows relevance for the client.

One other technique I occasionally use is to design a specific harmonic sequence or fractal equation for my client. This is particularly useful when I have 'stacked' a list of imbalances that are unique to that person, or when one particular symptom has a series of complex underlying causes.

In effect, we are converting a complex series of issues into a single unwelcome vibration and then deleting it. By all means experiment with this yourself, all you need to do is dowse or muscle test for the exact details using the framework from the technical section of this book.

This extra step can be a worthwhile use of your time – if you are experienced dowsing with your fingers you can create a bespoke harmonic matrix in about 2 minutes. Here is a summary of the steps:

1. Lock in, therapy localise or otherwise open a circuit on the key symptom
2. Muscle test to see if a specific harmonic or fractal is required
3. Dowse to find the exact details using the framework from the Technical Section.
4. Write down the details and place them on the client along with the book.
5. Hold the stress release points as usual.

Do not worry if this sounds too complicated or time consuming. It is like applying a surgeon's scalpel to a set of symptoms but that does not in any way infer a weakness in the basic system. The core 'Quantum K' programme will still work, this technique may just work a little quicker.

At the other extreme, there will be times when you might decide against using the whole system on certain people, especially if they have already received the complete version on an earlier occasion. For instance, if you knew of someone who has just been given mercury amalgam fillings, you might want to use the procedure that helps the body release any mercury vapour inhaled, while offering protection against the high voltage/amperage charges that the fillings would then transmit through the subtle energy systems.

Focusing your intent on this specific item by reading it silently while holding the frontal eminences will achieve this end. You can even do it remotely if you wish! Just be clear about what you are trying to do.

It is also possible to work on clients who are not present, using a third party in surrogacy. This allows you to access information about that person, assuming you have permission to do so. In that sense it differs from simply sending a prayer of intent to download the entire system.

This is my suggested procedure, using muscle testing:

1. Ask for 'Divine protection'
2. Ensure the surrogate is in good balance and prepared to act in this role
3. Ask if it is appropriate for the person present to act as surrogate for Y
4. If the answer is 'Yes', ask if the person present is now in surrogacy for Y
5. Investigate particular symptoms if you wish
6. Place this manual on the surrogate's body as a sign of clear intent
7. Dowse to find out how long you need to hold the frontal eminences
8. Hold the frontal eminences for the agreed period
9. When this time has elapsed, remove the manual and your fingers
10. Ask if it is now appropriate to cancel the surrogacy
11. If 'Yes', check that the surrogacy has now been cancelled
12. Check if the surrogate is in surrogacy for anybody else
13. If 'No' to question 10, see if other work is necessary
14. Once work has finished, check if the surrogate needs balancing in any way

I must stress that this work is not to be undertaken lightly because you are exposing the surrogate to the energies of another person. If you are too closely involved with the intended beneficiary of this work, you may even find that you have inadvertently become entwined with their energies yourself, as well as the surrogate. You may cancel the surrogacy on the person you are working with, but leave yourself linked. This is not at all desirable, so please only attempt this kind of work if you are experienced in this area.

Finally, it is worth stressing that any therapist can use this system effectively with their clients. Reflexologists can download the data through the feet, masseurs and osteopaths through touch, hypnotherapists through intent. You need only be clear that you wish to offer the client whatever healing energy they need and it is done. You are simply the conduit through which the vibration of 'Quantum K' is passed.